**Stage 2 Psychology**

**Topic 2: Psychological Health and Wellbeing  
Assessment Type 1: Investigations Folio (Sleep)**

**Purpose**

This assessment provides you with the opportunity to:

* participate in an ethically approved investigation (Research Program – Sleep), present your results in an appropriate format, and suggest a conclusion that could be made from the data you obtained
* evaluate the method and analyse the data obtained
* deconstruct a problem related to the Sleep investigation, and
* design a method – without implementation - to investigate this problem.

**Description of assessment**

The report you are required to produce *should* contain five sections:

1. An Introduction of under 200 words

* Aim and hypothesis
* Sample used
* A brief description of the methodology – identifying variables

2. The Results section of your report requires:

* a presentation of the collated class data in an appropriate format
* a conclusion made from the data you obtained.

3. Analysis and Evaluation  
 This section of your report could include:

* an explanation of the design type used in the Research Program – Sleep
* an evaluation of the choice of participants
* evaluations of the strengths and/or limitations of the investigation
* a suggestion for increasing the reliability of the data, justifying your answer
* a suggestion for increasing the validity of the data, justifying your answer.

4. The Deconstruction section of the report requires you to consider how you could conduct new research addressing

a problem related to this investigation.

You could do this by including:

* a consideration of how various factors could affect sleep hygiene
* identification of the dependent and independent variables
* a consideration of the factors that should be held constant, with a description of how these factors could be controlled
* identification of factors that may not be able to be controlled
* a consideration of the sampling method and sample size.

5. The Design section of your report must include:

* a hypothesis or an investigable question
* a list of materials required
* a detailed method to test your hypothesis or question, *including justifications*
* identification and management of safety and/or ethical risks
* suggestions for the results that would support your hypothesis
* explanations of the limitations of the investigation or the conclusions that could be drawn
* references (if applicable).

You could annotate your design to explain why you have made the decisions you have made.

**The report should be a maximum of 1500 words if written, or a maximum of 9 minutes for an oral presentation, or the equivalent in multimodal form.**

**The deconstruct and design section should be on no more than 4 single sided A4 sheets of paper.**

Performance Standards for Stage 2 Psychology

| - | Investigation, Analysis, and Evaluation | Knowledge and Application |
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| A | Critically deconstructs a problem and designs a logical, coherent, and detailed psychological investigation.  Accurately and thoroughly obtains, records, and represents data.  Systematically analyses and interprets data and evidence to formulate logical conclusions with detailed justification.  Critically and logically evaluates procedures and their effect on data. | Demonstrates deep and broad knowledge and understanding of a range of psychological concepts.  Applies psychological concepts highly effectively in diverse contexts.  Critically explores and understands in depth the interaction between science and society.  Communicates knowledge and understanding of psychology coherently, with highly effective use of appropriate terms, conventions, and representations. |
| B | Logically deconstructs a problem and designs a well-considered and clear psychological investigation.  Logically obtains, records, and represents data.  Logically analyses and interprets data and evidence to formulate suitable conclusions with reasonable justification.  Logically evaluates procedures and their effect on data. | Demonstrates some depth and breadth of knowledge and understanding of a range of psychological concepts.  Applies psychological concepts mostly effectively in diverse contexts.  Logically explores and understands in some depth the interaction between science and society.  Communicates knowledge and understanding of psychology mostly coherently, with effective use of appropriate terms, conventions, and representations. |
| C | Deconstructs a problem and designs a considered and generally clear psychological investigation.  Obtains, records, and represents data with some errors.  Undertakes some analysis and interpretation of data and evidence to formulate generally appropriate conclusions with some justification.  Evaluates procedures and some of their effect on data. | Demonstrates knowledge and understanding of a general range of psychological concepts.  Applies psychological concepts generally effectively in diverse contexts.  Explores and understands aspects of the interaction between science and society.  Communicates knowledge and understanding of psychology generally effectively, using some appropriate terms, conventions, and representations. |
| D | Prepares a basic deconstruction of a problem and an outline of a psychological investigation.  Obtains, records, and represents data with occasional accuracy and effectiveness.  Describes data and undertakes some basic interpretation to formulate a basic conclusion.  Attempts to evaluate procedures or suggest an effect on data. | Demonstrates some basic knowledge and partial understanding of psychological concepts.  Applies some psychological concepts.  Partially explores and recognises aspects of the interaction between science and society.  Communicates basic psychological information, using some appropriate terms, conventions, and/or representations. |
| E | Attempts a simple deconstruction of a problem and a procedure for a psychological investigation.  Attempts to record and represent some data.  Attempts to describe results and/or interpret data to formulate a basic conclusion.  Acknowledges that procedures affect data. | Demonstrates limited recognition and awareness of psychological concepts.  Attempts to apply psychological concepts.  Attempts to explore and identify an aspect of the interaction between science and society.  Attempts to communicate information about psychology. |