# Pre-approved Learning and Assessment Plan

Stage 1 Health and Wellbeing (from 2021)

Pre-approved learning and assessment plans are for *school use only*.

* Teachers may make changes to the plan, retaining alignment with the subject outline.
* The principal or delegate endorses the use of the plan, and any changes made to it, including use of an addendum.
* The plan does not need to be submitted to the SACE Board for approval.

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| School |  | Teacher(s) |  |

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| SACE school code | | |  | Year |  | Enrolment code | | | | |  | Program variant code (A–W) |
| Stage | Subject code | | | No. of credits (10 or 20) |
|  |  |  | **2021** | **1** | **H** | **E** | **W** | **10** |  |

Addendum – changes made to the pre-approved learning and assessment plan

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| Describe any changes made to the pre-approved learning and assessment plan to support students to be successful in meeting the requirements of the subject. In your description, please explain:   * what changes have been made to the plan * the rationale for making the changes * whether these changes have been made for all students, or for individuals within the student group. |

Endorsement

The use of the learning and assessment plan is approved for use in the school. Any changes made to the plan support student achievement of the performance standards and retain alignment with the subject outline.

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| Signature of principal or delegate |  | Date |  |

# Assessment overview

Stage 1 Health and Wellbeing — 10-credit

The table below provides details of the planned tasks and shows where students have the opportunity to provide evidence for each of the specific features of all of the assessment design criteria.

Assessment Type 1:Practical Action

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| --- | --- | --- | --- | --- |
| Assessment details | Assessment design criteria | | | Assessment conditions  (e.g. task type, word length, time allocated, supervision) |
| CT | AP | RP |
| **Practical Activity**  Personal Health & Wellbeing Goal  ***Personal Wellbeing*** - Students identify a personal goal that would improve an aspect of personal health and well-being. This practical action requires students to participate in a health – promoting activity beyond the classroom which will give them the opportunity to spend some time working towards achieving their personal goal. Students reflect on their application.  ***Weighting 30%*** |  | 1,2 | 2 | Word length - maximum 1000 words written or a maximum of 6 minutes for an oral or equivalent in multimodal form  Time allocated – 5 weeks |
| **Group Activity**  Adolescent Health Awareness  ***Group work -*** Students work collaboratively in small groups to present a Photo Story/PowerPoint/video to the class on ways to define health and possible ways to achieving good health and general wellbeing for adolescents. Students identify and understand influences on personal and community health. Evaluate personal and social actions in relation to improving the health and wellbeing outcomes of others.  By working as part of a group, they develop interpersonal, listening, communication and negotiation skills to complete the work by the due date. After the group activity, students individually reflect on:   * changes in their personal attitudes and values in relation to the health issue and trends in individual, local or global contexts   ***Weighting 30%*** | 1 | 1 | 1,2 | Time allocated – 6 weeks  Word length: The multimedia presentation will be up to a maximum of 5 minutes with the reflection up to a maximum of 170 words |

Assessment Type 2: Issue Inquiry

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| Assessment details | Assessment design criteria | | | Assessment conditions  (e.g. task type, word length, time allocated, supervision) |
| CT | AP | RP |
| **Issue Inquiry**  Current Media Trends  Students identify a current media trend that affects health and wellbeing. They will use a variety of rt contemporary sources to investigate, demonstrate ethical understanding, personal reflection and evaluate social actions on a current health and wellbeing issue. Students will propose solutions or make future improvement recommendations.  ***Weighting 40%*** | 1,2,3 |  | 1 | Word length: Maximum of 6 minutes oral or multimodal presentation, or a maximum of 1000 words written  Time allocated – 8 weeks |

*Three assessments. Please refer to the Stage 1 Health and Wellbeing subject outline.*